

## HOME VISIT SCHEDULE

*continued*

### PHONE UPDATE 2

- Visit will occur approximately 90 days after first telephone update
- Clinician will ask survey questions and review educational material
- Update will be sent to the physician

### VISIT 3

- Visit will be scheduled for the tenth month from start date
- Clinician will perform respiratory assessment, spirometry and pulse oximetry
- Review and discuss educational materials
- Update will be sent to the physician

### OTHER VISITS

- Any visit beyond the third home visit is available at the request of the physician

For more information  
please call

**1-800-582-8667**

or

**(217) 788-HOME**

**FAX 217-788-5580**

or visit

**[www.memorialhomeservices.com](http://www.memorialhomeservices.com)**

**Memorial  
HOME SERVICES** 

A Memorial Health System Affiliate

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644 North Second Street  
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HOME SERVICES** 

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Memorial Home Services

**COPD  
DISEASE  
MANAGEMENT  
PROGRAM**

**(Chronic Obstructive Pulmonary Disease)**

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# COPD DISEASE MANAGEMENT PROGRAM

## WHAT IS COPD?

**C**hronic—condition will not go away  
**O**bstructive—partially blocked  
**P**ulmonary—lungs  
**D**isease—condition

COPD is a disease in which the lung tissue is damaged and airways are obstructed, making it difficult to breathe. COPD develops slowly, and it may take many years for symptoms to become noticeable. This condition is most prevalent in people who are middle-aged or older. COPD is not contagious.

COPD is more common among smokers, or individuals who have smoked in the past. Individuals who have had contact with lung irritants such as tobacco, air pollution, fumes, vapors and dust have a greater chance of developing COPD.

COPD is not curable, but physicians can try to improve how patients feel and possibly slow down lung damage. Early diagnosis and a healthy lung program are both very important in the treatment of COPD. The Memorial Home Services COPD Disease Management Program is designed to assist patients with education and disease management.

## WHAT IS THE COPD PROGRAM?

The Memorial Home Services COPD program helps educate and assess patients with COPD. Through a series of home visits and phone updates, certified respiratory therapists assess patients in the home setting. Patients are educated about their disease, assessments are performed, symptoms are monitored and patients are taught exercises to help strengthen the lungs—all in the comfort of their own home. Respiratory staff works closely with medical staff to see that primary physicians are updated as patients progress through the program.

The ultimate goal of the Memorial Home Services COPD program is to enhance the patient's quality of life through communication and education. A good disease management program helps to reduce overall healthcare costs, reduce re-hospitalizations and reduce non-scheduled physician and ER visits. Through this program, individuals learn about their disease, learn how to better deal with symptoms, and in turn, enhance their quality of life.

## HOW THE PROGRAM BENEFITS THE PATIENT:

### PATIENTS WILL:

- Receive educational booklets that a respiratory therapist will review with them
- Learn triggers or risk factors to avoid
- Learn self-management skills to manage their condition
- Learn signs and symptoms of exacerbation
- Improve exercise tolerance

## COPD HOME VISIT SCHEDULE

When enrolled in the Memorial Home Services COPD program, patients will have the following schedule:

### VISIT 1

- Clinician will contact the patient within one week of referral
- Clinician will explain the program and perform respiratory assessments that include pulse oximetry and spirometry
- COPD educational materials will be provided
- Update will be sent to the physician

### VISIT 2

- Visit will be scheduled approximately 30 days after initial visit
- Clinician will perform respiratory assessment
- Review and discuss educational materials
- Update will be sent to the physician

### PHONE UPDATE 1

- Visit will occur approximately 90 days after the second home visit
- Clinician will ask survey questions and review educational material as necessary
- Update will be sent to the physician

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